Two-Year Activities
by
the Ministry of Health
National Unity Government of Myanmar
(From April 2021 to April 2023)
Two-Year Activities
by the Ministry of Health, National Unity Government of Myanmar
(From April 2021 to April 2023)

People-led health System

- Universal Health Coverage
- Federal Health Principles

- Leadership & Governance
- Health Information, Research
- Medical Products, Technologies
- UN Agencies
- NUG Health Workers
- NGO, EHOs
- Private and GPs
- Community Health
- Local Donors
- CBO, CSOs
- Development Partners
- Health Workforce
- Health Information, Research
- Medical Products, Technologies

Ensure access to health services in need during immediate period

- Innovation
- Resilience
- Conflict Sensitivity
- Social Inclusion
Developing Federal Healthcare System

Based on the Federal Democracy Charter, the Ministry of Health of the National Unity Government is fully committed to the UHC (Universal Health Coverage) and concept of a Federal Healthcare System and developed the Health Strategy with 7 Main Pillars.
Developing Federal Healthcare System

In coordination with Ethnic Health Organizations (EHOs) and established

- The National Health Committee (August 5, 2021) (https://nhcmyanmar.org)
- The coordination with the Joint Coordination Committee Health (JCC- Health), NUCC (National Unity Consultative Council)
- The Federal Health Professional Council (December 1, 2021) (https://fhpcmyanmar.org/)
- Established the Interim Federal Nursing and Midwifery Council
- Held discussions for the development of the Federal Health Science University
- Conducted the courses on Federal Health System Planning and Design.
Developing Federal Health Care System

During Covid-19 third wave, MOH worked together with EHOs and established -

- National Commission for Prevention, Control and Management of Coronavirus Disease (COVID-19) (July 7, 2021)
- COVID-19 Task Force - CTF (July 17, 2021)

CTF's basic principles are as follows:

1. People first
2. Transparency
3. Equal and balanced communication
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Community Health System

Stronger People-led health supports,
Bigger role of community organization.

Leadership and Governance

- Federal Principles
- Decentralization
- Regular interactive dialogues and coordination with EHOs, councils (KSCC, KPICT, ICNCC, MNSC, PNFC ...)

E.g.: during COVID-19 3rd wave, Community Health Activities (2021)
- Charitable Clinics (96 units)
- Community Volunteer Associations (403 units) (provides Oxygen Cylinders, assist refilling them, Ambulance service and funerals service)
- Volunteer service for Food and medicines delivery (68 units)
National Health Conference (Aug 2-5, 2021)

A National Health Conference organized by the Ethnic Health Organizations (EHOs) and the Ministry of Health, National Unity Government held on August 2-5, 2021, was attended by 130 representatives.
National Health Seminar: To Establish the Federal Health System (September 5-9, 2022)

To celebrate the first anniversary of the National Health Committee-Myanmar (NHC), that was formed by the concerted effort of National Unity Consultative Council (NUCC), Joint Coordination Committee-Health (JCC - Health), National Health Committee (NHC) and Ministry of Health, National Unity Government of Myanmar (NUG), a National Health Seminar on establishing the Federal Health System was successfully held online from September 5, 2022, to September 9, 2022.
National Health Seminar: To Establish the Federal Health System (September 5-9, 2022)

- Five health topics were discussed under the following headings:
  1. Health Policies
  2. Human Resources for Health
  3. Universal Health Coverage
  4. Current Challenges on Health System
  5. Occupational Safety and Health

- 21 papers were submitted and read during the 5-days seminar, from which 106 points were raised for further discussions.
Health Care Service Delivery

- Emergency Health Care Service
- Primary Health Care Service
- On-ground health services
- Online Health Services

Hospitals = 66 units
Frontline clinics = 159 units
Mobile clinics = over 250 units
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On Ground Health Services

- Health Workforce

198 townships (60% of the country) are under supervision of the township health representatives.

Township health representatives' coverage
Health Workforce

- State and Regional Health Representatives - 33
- Township Health Representatives - 265
- Township healthcare teams are distributed in 198 townships, providing health care to 60% of the country.

- Specialist Doctors - 308
- Medical doctors - 456
- Nurses - 574
- Other primary health care workers - 1554
- Volunteers - 940
- Total - 3832

participated in the Interim-period emergency health care service deliveries and MOH activities.
Emergency Health Care

- (Major surgery and Minor surgery)
Emergency Health care Services

- Providing emergency medical care for those affected by the terrorist attacks carried out by the Military Council, as well as providing emergency surgical care, prosthetics for amputees, and emergency caesarean deliveries.

- It is being carried out in coordination with other ministries to prevent the terrorizing activities of the junta, such as aerial strikes, raids, and the destruction of public facilities, such as clinics and hospitals.

- Delivering training programs on how to defend against aerial attacks, first aid courses in schools and the provision of first aid kit supplies.

- Organized weekly coordination meetings between the Ministry of Health and the Ministry of Defence.
Other Health Care Services

- Primary Care
- Antenatal care
- Normal Delivery
- Caesarean Delivery
- School Health
- Health Education
- Disease Prevention Programs (e.g. Dengue)
- Testing and Treatment Programs for HIV/AIDS, TB and Malaria
- Immunization
- Nutrition
### December 2022 Record for Health Care Services (Patients Quantity)

<table>
<thead>
<tr>
<th>S/R</th>
<th>No of Health Facilities</th>
<th>Total OPD*</th>
<th>Antenatal Care</th>
<th>Normal Delivery</th>
<th>LSCS</th>
<th>Operations*</th>
<th>Referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sagaing</td>
<td>19</td>
<td>16,590</td>
<td>1,607</td>
<td>143</td>
<td>112</td>
<td>858</td>
<td>25</td>
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<tr>
<td>Tanintharyi</td>
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<td>21</td>
<td>0</td>
<td>28</td>
<td>14</td>
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<tr>
<td>Magway</td>
<td>12</td>
<td>2,726</td>
<td>199</td>
<td>19</td>
<td>8</td>
<td>56</td>
<td>33</td>
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<tr>
<td>Bago (East)</td>
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<td>720</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
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<tr>
<td>Bago (West)</td>
<td>5</td>
<td>538</td>
<td>5</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>6</td>
</tr>
<tr>
<td>Karen</td>
<td>11</td>
<td>1,062</td>
<td>75</td>
<td>15</td>
<td>0</td>
<td>0</td>
<td>19</td>
</tr>
<tr>
<td>Northern Shan</td>
<td>4</td>
<td>1,652</td>
<td>106</td>
<td>33</td>
<td>0</td>
<td>0</td>
<td>35</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>69</strong></td>
<td><strong>25,978</strong></td>
<td><strong>2,042</strong></td>
<td><strong>232</strong></td>
<td><strong>120</strong></td>
<td><strong>943</strong></td>
<td><strong>132</strong></td>
</tr>
</tbody>
</table>

- **Total OPD* = OPD patients at Hospitals, Fixed and Mobile Clinics**
- **Operations* = Major and Minor Operations**
- **Although health care services have been operating since 2021, the ground data of the regions has only been recorded since the end of 2022 and hence it is only reported the December 2022 data for the sake of visibility.**
Development of health care services

The situation of outpatient medical services in the Sagaing Region (April 2021- February 2023)
Within a period of April 2021 to February 2023, medical workers working for the Ministry of Health provided medical care and treatment for 192,086 patients in Sagaing Region alone, which includes 1,964 major surgeries and 8,039 minor surgeries.
School Health

- While there are schools in NUG-controlled areas, MOH collaborates with other ministries, sectoral departments, and ground teams to provide health check examinations, health education, prevention and control of communicable and non-communicable diseases, a clean school environment, and nutrition programs.
Implementing Air Defense Activities in Schools

- Participated and coordinated with the Ministry of Education, Ministry of Health, Ministry of Humanitarian Affairs and Disaster Management, Ministry of Defence, and Ministry of Home Affairs and Immigration

- Representatives, education and health officials were provided with a guide on school air defence.

- Emergency Kits were distributed to 1,500 schools, including Basic Education Completion Assessment - BECA Centers at a cost of 50,000 kyats each, for a total of 75,000,000 kyats.

- Training in air defence and first aid was conducted between Feb 19, 2023, and Feb 20, 2023.
Nutritional Development Program

- Energy bars are being produced with ingredients that can be obtained on the ground to provide full nutrition and strength to the People's Defence Force soldiers who are serving on the frontline battlefield.

- Health officials from the states/regions were provided with a video file demonstrating how Energy Bars are manufactured.

- From June 2022 to April 2023, 135 health professionals from Magway, Sagaing, and Chin state received online training on nutritional development activities and the treatment of malnourished children.
Rehabilitation Services

- Since 2022, Chindwin Medical Network (CMN) and the Ministry of Health have collaborated to offer rehabilitation services, and over 100 patients have received prostheses and financial assistance. Despite the various challenges that exist in 2023, the services are prepared for an expansion. Moreover, children rehabilitation services are also provided.

- Training facilities for the Rehabilitation services are also being established in states, regions, and border areas.
Immunization Program

COVID-19 Vaccination

- In collaboration with Ethnic Health Organizations (EHOs) and Civil Disobedience Movement (CDM) health professionals, COVID-19 Vaccination program has been carried out since 2021.

- The delivery of Immunization training, cold chain management, detailed planning, and the transfer of Immunization data have been performed and the COVID-19 Vaccination was provided in ethnic areas.
Routine Immunization Resumption

- Preparations began in 2022 to resume the routine immunization program, which was halted after the coup.

- Starting in 2022, discussions with respective organizations, population data collection, training sessions, vaccine availability and discussions with donor organizations were processed and in 2023, pilot project has been initiated in some ethnic areas.
Health Workforce (Human Resources)

- Recruiting
- Professional Development
- Training

- Provided first aid, volunteer medical care, combat emergency life support, blood transfusion, and awareness of chemical weapons to 8,000 first responders.

- Developed and disseminated guidelines, educational materials and emergency kits.

- Launched a 24/7 Telegram hotline for emergency care.

- Since the end of 2021, efforts have been made to open regular online medical courses, in collaboration with the medical and medically related interim university councils. Multi-class regular teaching, placement exams, and awarding of the degrees are currently in progress.
Continuous medical education and webinars are offered in collaboration with the Yangon Medical Network (YMN), the Medical Family Mandalay (MFM), and Myanmar health professionals all over the world.

Federal Nursing University of Karenni officially opened in Karenni State in October 2022.

The School of Medical Sciences and the School of Nursing Sciences were established in February 2023 in collaboration with the Kachin State Comprehensive University. The Ministry of Health (MOH) of the National Unity Government (NUG) participated in the teaching of 45 students in the School of Medical Sciences and 30 students in the School of Nursing Sciences.
Beginning in April 2022, the Ministry of Health implemented the Federal Health Myanmar Online Learning Platform - Moodle (https://federalhealthmm.com/) system and online as well as classroom training in dominant territories was conducted.
Telekyanmar (Free Online Clinic) of MOH, NUG (19-6-2021 to 6-4-2023) (https://facebook.com/telehealthmm)

Over 22 specialties of health care service are provided by more than 200 healthcare providers
Township Mapping of Telekyanmar Patients from Jun 2021 Feb 2023 (96.66% of all townships)

319 out of 330 townships (96.66% of all townships)
Mental Health Services

- **Telekyanmar (Telehealth)** is providing 2 types of mental health services.

- **Psychiatric Clinic** was established with a single CDM (Civil Disobedience Movement) Psychiatrist in August 2021. Today, 15 psychiatrists are providing care through the management of 15 specialist clinics.

- **Primary mental health clinic** was founded in August 2022.
Zero Suicide Campaign

- Research has shown that during humanitarian crises, a lot of people experience stress, have a tendency to harm themselves, and exhibit greater rates of suicidal thoughts.

- Though specific research has not yet been done in Myanmar with current situation, based on news, it can be considered those figures can be deemed to have grown due to socioeconomic difficulties after coup. Therefore, preparation to launch Zero Suicide Campaign Prevention Hotline has been initiated.
Nway Oo Clinic

(https://facebook.com/nwayooclinic)

- In March 2022, an online clinic where individuals may contribute funds was founded, and specialists from 8 health specialties could be consulted (orthopedic and trauma care, neurosurgery, neurology, psychiatry, rheumatology, obstetrics and gynaecology, endocrinology, dermatology). The clinic has been providing healthcare and health education services since its opening.
Clinical Guidelines and Health Education

- Clinical Guidelines and Public Health Education
  Information are posted on the Ministry of Health (MOH) website (https://moh.nugmyanmar.org/) and Facebook page (https://facebook.com/MoHNUGMyanmar/) on a regular basis.

- The COVID-19 Knowledge Centre Facebook page (https://facebook.com/ckcmohhnuggmm) was established on July 4, 2021, to provide COVID-19-related information, and Q&A sessions are held every Tuesday and Friday.
Health Education

- From March 2021 to March 2023, MOH has published:
  - Health Education and training Videos - 441
  - Health Education and training Posters/Messages - 698
  - Clinical guidelines - 30

People reach-.

- Via MOH Facebook Page - over 12 millions
- Via Telekyanmar Facebook Page - over 10.2 millions
- Via COVID-19 Knowledge Centre Facebook Page - over 3.35 millions.
Health Information and Research

- Collecting essential health information (on Health Care Facilities, Health Workforce, Health Care Service Deliveries) and Planning based on them.
- Review on Health Care Services Implementation

Medical Products and Technologies

- Medical Supplies
- Healthcare Services delivery with the help of Technology (e.g. Telekyanmar Clinic)
- Logistics Management of Medicines and Disposables

Health Financing

- Budget from Ministry of Planning, Finance and Investment
- Donation from Local and International donors
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### Health Expenses

<table>
<thead>
<tr>
<th>Expense</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Facilities</td>
<td></td>
</tr>
<tr>
<td>Health Aid and Supports to EHOs and Organizations</td>
<td></td>
</tr>
<tr>
<td>Continuous Medical Education and Training</td>
<td></td>
</tr>
<tr>
<td>Health Care for IDPs</td>
<td></td>
</tr>
<tr>
<td>Covid-19 Prevention and Control</td>
<td></td>
</tr>
<tr>
<td>Rewards for health workers</td>
<td>2 million USD</td>
</tr>
<tr>
<td>Joint Projects with other Ministries</td>
<td></td>
</tr>
<tr>
<td>Emergency Health Care</td>
<td></td>
</tr>
<tr>
<td>Medical and Disposables Supply</td>
<td></td>
</tr>
<tr>
<td>Support for CDM Health Workers</td>
<td></td>
</tr>
</tbody>
</table>
Difficulties and Challenges

- Terrorist military council pressuring International Humanitarian Aids Organizations
- Insufficient Funding
- Lack of action imposed by international community against the Military Junta's unlawful atrocities
- Targeted attacks on clinics/hospitals and health workers
- Terrorist military implementing inhumane cut offs on food, news, funds and manpower.
Attacks by the Military council on the health sector (within more than 2 years since 1 Feb 2021)

- Health workers killed - 80
- Health workers arrested and kidnapped - 836
- Health facilities occupied, attacked and destroyed - 188 times
- Health transportation destroyed and damaged - 59
- Health transportation stolen or hijacked - 49

(Reference: https://insecurityinsight.org/country-pages/myanmar)
Conclusion

- Ministry of Health (MOH) will keep providing health care services during interim-period despite the difficulties and challenges; MOH also keep coordinating with Ethnic Health Organizations, local Medical teams, International Healthcare Organizations and Community Health Care Organizations to extend health care delivery operations.

- To overthrown the military dictatorship and for the emergence of a federal democratic union, MOH will collaborate with other ministries, ethnic organizations, People's Defence Forces and allied organizations for health and sectoral coordination.